Do you know someone living with mental illness?

Need tips and tools for supporting your friend, family, or loved one?

Family Support Group Join us the 1st Wednesday of the month

from 6:00-7:30pm

February 7th, 2024

Topic: Older Adult Services Speaker: Ann Kinney, MS Older Adult Educator and Outreach Specialist, Beacon Mental Health

March 6th, 2024

Topic: CBT, DBT, and Other Treatment Modalities Speaker: Jeni Watts, LCSW Therapy Manager, Beacon Mental Health

May 1st, 2024

Topic: CBHL and CIT Officers Speaker: Peggy Gorenflo, MSW **CBHL Manager, Beacon Mental Health**

Groups can be attended in-person at 3100 NE 83rd St, Ste 2500, Kansas City, MO 64119 or online via Zoom

> Register at <u>bit.ly/family-support-group</u> or call Marc Mueller at (816) 468-0400 x172







